

JODI LEE FOUNDATION SOUTH AUSTRALIAN TREK IN MEMORY OF SHERIE HAGGER

In its seventh year, and in memory of Sherie Hagger, The Jodi Lee Foundation's South Australian trek (JLF Trek SA) will this year take place on Friday 17 and Saturday 18 May.

With bowel cancer still the second most common cancer in Australia, the Jodi Lee Foundation is urging people to take part in the trek to raise funds and help eliminate bowel cancer.

Long-time supporter of the Jodi Lee Foundation, Sherie Hagger, sadly passed away recently from bowel cancer aged just 37.

Sherie's sister Elle Clarke said, "Sherie was passionate about sharing her story and raising awareness for early detection and screening. Her strength and courage was inspirational and her memory will be cherished through this trek."

Jodi Lee Foundation CEO, Kathryn Quintel said, "The JLF Trek SA is a challenging event, and it is humbling to see the number of new people who register each year along with our previous participants who continue to join the trek."

"We hope through raising awareness of bowel cancer we can encourage people to take the time, to take the test as it might just save their life," Kathryn continued.

"Bowel cancer can be prevented through early detection and screening, but for many people it's not even on their radar and the Jodi Lee Foundation aims to change that," Kathryn continued.

"There are a number of bowel cancer stories among our participants, including survivors, those hiking for loved ones currently battling the disease, and others who have a close connection in one way or another," Kathryn said.

"We are looking forward to hiking this beautiful trail and raising vital funds and awareness to assist us in preventing bowel cancer," Kathryn concluded.

Trekkers will explore the stunning Fleurieu Peninsula coast and inland countryside of Victor Harbor hiking 80km over the two days, or choosing between 25km and 10km over one day.

Participants will start the two-day 80km trek on Friday 17 May at the Fleurieu Milk Company and conclude on Saturday 18 at the Bluff, Encounter Bay. Those participating in the 25km or 10km treks will begin at Tunkhead Road, Tunkalilla for the 25km trek and Parson's Beach, Waitpinga for the 10km with both concluding at the Bluff, Encounter Bay.

The JLF Trek SA ends with a celebration party at the finish line at the Bluff.

Trek registrations: <https://app.jodileefoundation.org.au/events/the-jlf-trek-sa-2019>

ABOUT JODI LEE FOUNDATION

Jodi Lee Foundation was established in honour of Jodi Lee, who lost her battle with bowel cancer at age 41. The Foundation's mission is to empower people to take active steps to prevent bowel cancer and live healthy lives. Money raised by Jodi Lee Foundation is used to raise awareness about bowel cancer prevention nationally through a number of events and initiatives; run its Workplace Prevention Program; and develop tools to aid the early detection of bowel cancer.

WHERE ARE WE TREKKING?

80KM GROUP 1

DAY 1 – FRIDAY 17 MAY | 40KM

Start – Fleurieu Milk Company, Myponga

CP1 – Nunn Road, Myponga

CP2 – Roads Lane, Inman Valley

CP3 – Tugwell Road, Black Valley

Finish – Petrel Cove, Encounter Bay

DAY 2 – SATURDAY 18 MAY | 40KM

Start – Tunkhead Road, Tunkalilla

CP1 – Mount Scrub Road, Waitpinga

CP2 – Waitpinga Campground, Waitpinga

CP3 – King Head, Waitpinga

Finish – The Bluff, Encounter Bay

25KM GROUP 2

DAY 2 – SATURDAY 18 MAY | 25KM

Start – Parson’s Beach, Waitpinga

CP1 – Waitpinga Campground, Waitpinga

CP2 – King Head, Waitpinga

Finish – The Bluff, Encounter Bay

10KM GROUP 3

DAY 2 – SATURDAY 18 MAY | 10KM

Start – Eat at Whalers Inn, Encounter Bay

CP3 – King Head, Waitpinga

Finish – The Bluff, Encounter Bay

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